

Report of DLLE of 2021-2022

c/3/3.4.1

Principal's Message



The purpose of the education is said to be achieved when individual is at its creative best and expressive to the hilt. We intend to bring best out of our students through DLLE. This brings out the Potential of our students. I proudly place on record the fact Akbar peerbhoy college of commerce and economics has unfolded into an institution of glorious past and great future. Even in monumentally challenging with the pandemic AP college has emerged as a beacon of excellence . we have maintained adopted well to the new conditions of online teachings. The department of lifelong learning extension conducted a online webinar on emotional intelligence. We at AP college strive for excellence and we are evolving constantly with changing times, we aspire and successfully create global leaders.

MEMBERS OF DLLE

Prof. HemanthkumarJonnala	Principal
Prof.Vaishali Bankar	✓ Convenor <i>V Bankar</i>
Prof. KirtikumarPimpliskar	Member <i>K Pimpliskar</i>

On 30th September 2021, an online meeting of DLLE was held to encourage the students to enroll in DLLE unit. Dr.Minum Saxena, the area coordinator of DLLE, was the speaker. She explained the students the importance of participating in social activities and DLLE is the platform where the students can give their contribution of social service. 50 students have participated in the meeting. Convenor, Prof. Vaishali Bankar and member Prof Kirtikumar was also present in the meeting.



Minum Saxena
Vaishali Bankar

9/7/7.1.1

WORKSHOP ON MENTAL HEALTH

On the occasion National girl child day 24th January 2022 ,DLLE in collaboration with Internal complaint committee (ICC) and IQAC of Akbar Peerbhoy college of commerce and economics, grant road Mumbai celebrated girl child week and organised a webinar and training workshop on "thriving during current phase of pandemic" from 24th January 2022 to 29th January 2022 for girls and boys students of the college ,help them cope better during this pandemic

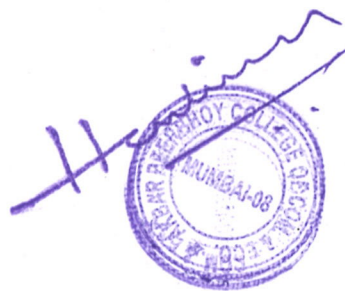
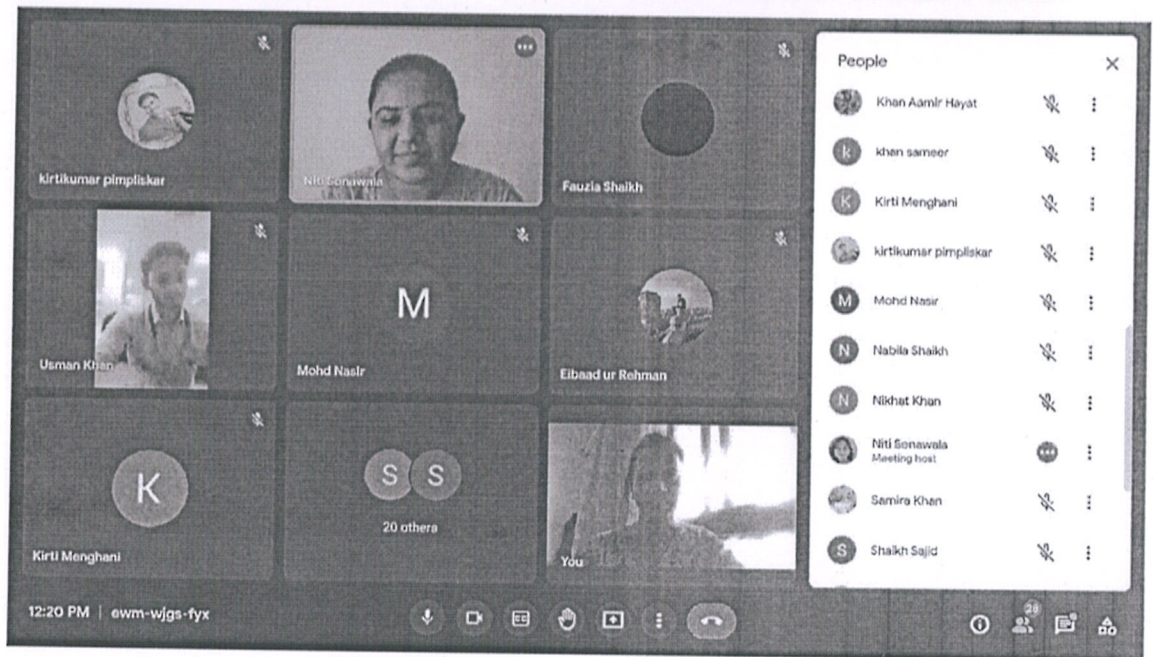
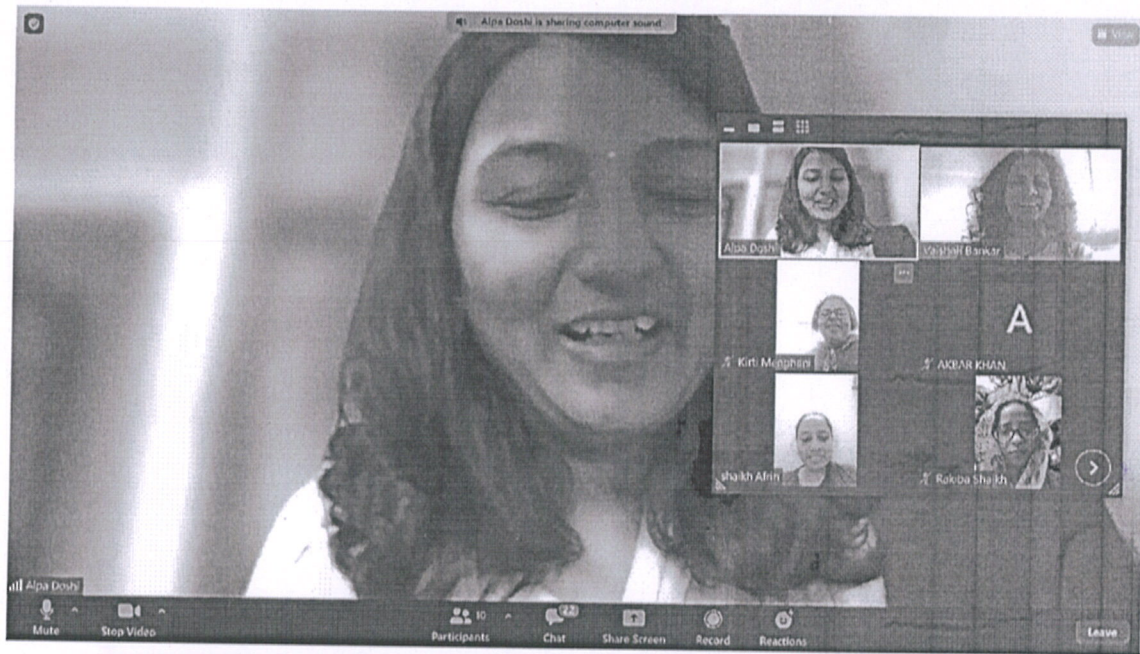
January 2022 to 29th January 2022 for girls and boys students of the college,help them cope better during this pandemic .

- 1) The first day of the workshop was on "managing your mental health" psychologist Nitisonawala explained the students about how to maintain resilience
- 2) The second day of workshop was on the topic " Handling COVID Anxiety" Psychologist Alpajoshi explained what are the life's fears and apprehensions and taught how to deal with anxiety and then swiftly moved the session towards relaxation
- 3) Third day of workshop was on " Being kind to your mind" psychologist Ruchita Taught the students the meditation and relaxation methods to cope up with the problems of life

4) Fourth day of workshop was on digital well being Psychologist, Miss kriti explained digital addiction of various gadgets and gave the solutions with various examples, as how to get rid of this addiction with simple steps. Every session was very informative interactive. Students took keen interest and asked various queries on different topics enlightening. Fifth and last day of workshop would be on "substance abuse and mental health" on 29th January 2022 at 11.a.m.followed with Felicitation by Principal Sir.



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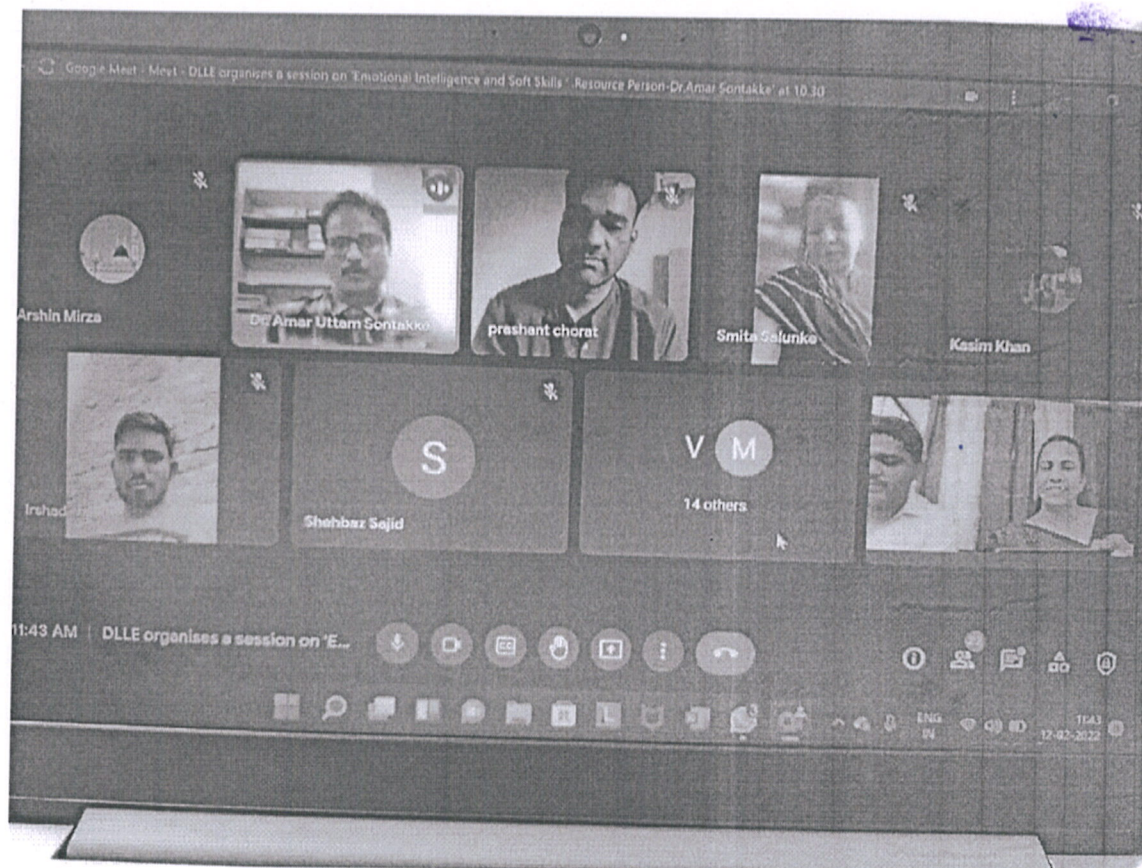
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C/S/S.1.2

Program on Emotional intelligence

The ability to express and control emotions is essential, but so is the ability to understand, interpret, and respond to the emotions of others. Imagine a world in which a person could not understand when a friend was feeling sad or when a co-worker was angry. Psychologists refer to this ability as emotional intelligence, and some experts even suggest that it can be more important than IQ in human overall success in life. Emotional Intelligence is the ability of an individual to understand, manage, and regulate emotions, thereby allowing an effective exchange of thoughts and feelings. Department of life long learning extension of Akbar Peerbhoy college of commerce and economics, grant road Mumbai organised a webinar on Emotional intelligence on 12th February at 10.30 A.M. The guest speaker Prof. Dr. Amar Sontakke, Department of Business communication Of NSS college, Tardeo Mumbai was expert in Emotional intelligence. Dr. Sontakke had expertisation on human psychology and done various diplomas on emotional intelligence.

Dr. Amar Sontakke vividly elaborated the importance of emotional intelligence for living healthy and balanced life. Emotional intelligence is as equivalent to technical knowledge, competency effective communication skills, believing in ourself and our own capabilities make us confident in decision making. 50 students have attended the webinar. The program was successful.



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AKABAR PEERBHOY COLLEGE OF COM. & ECO.
MUMBAI



Hemant



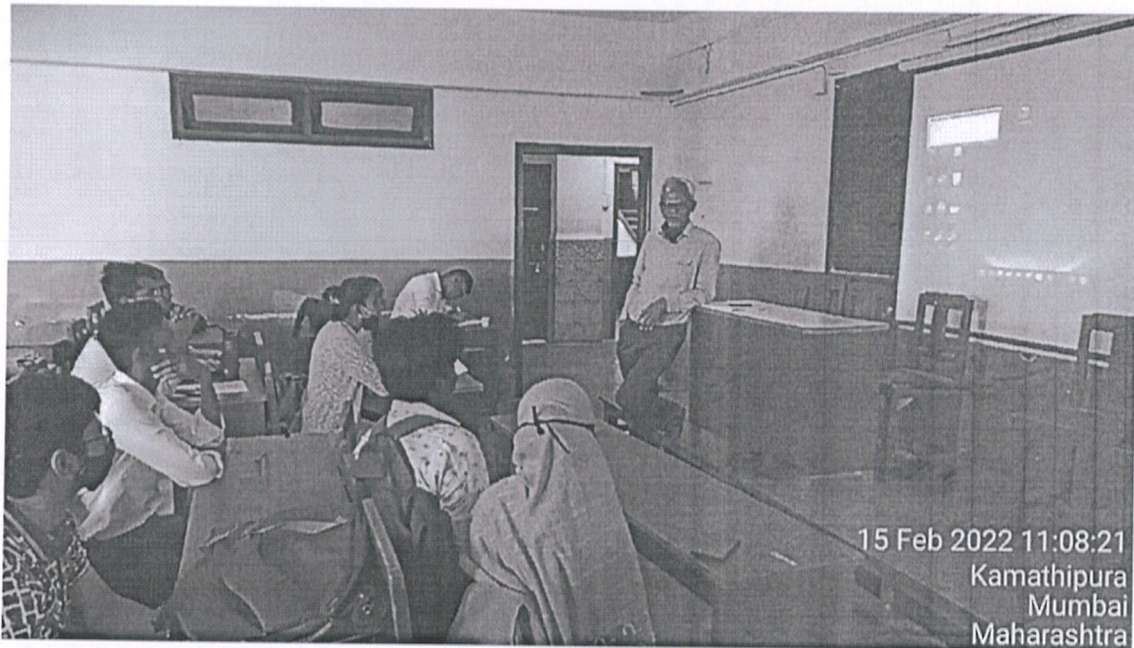
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Intellectual Property Rights workshop

Department of life long learning extension and IQAC of Akbar Peerbhoy college of commerce and economics, grant road Mumbai organised a workshop on Intellectual property rights on 14/02/2022 and 15/02/2022 at 11.00, a.m. The object of the workshop is to spread the awareness amongst the students about the intellectual property rights on the first day of the workshop Prof. Roshan Ghobragade explained the rights on patent and how to file the patent application online and offline. He explained very well about the law and accountability on patent law. On 15/02/2022 Prof. Nitin Khartad delivered a lecture on copyright and trademark. Through various examples and precedents, Prof. Nitin Khartad explained to students very well the Copyright and Trademark Rights. Both the sessions were very interactive. Students took keen interest asked various questions on the topic and the workshop was successful



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15 Feb 2022 11:08:21
Kamathipura
Mumbai
Maharashtra



15 Feb 2022 12:00:42
Mumbai
Maharashtra



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